



COVID-19 Symptom Checklist (Students)

COVID-19 Decision Tree for New Symptoms

For students experiencing 1 or more of the following symptoms of COVID-19

Are you experiencing any **NEW** or unexplained COVID-19 signs and symptoms?

- Fever ≥ 100.4 or chills
- Shortness of breath
- Difficulty breathing
- Muscle or body aches
- New loss of smell or taste
- Congestion or runny nose
- New Cough
- Nausea & vomiting
- Diarrhea
- Sore throat
- Headache
- Fatigue



YES



DO NOT COME TO SCHOOL AND NOTIFY YOUR SCHOOL'S ATTENDANCE OFFICE
IF YOU ARE AT SCHOOL, FOLLOW SCHOOL PROCEDURES FOR ISOLATION
AND DISMISSAL.



YES



DID YOU GET TESTED FOR COVID-19?
(It is strongly recommended that students be tested)



NO



NEGATIVE RESULTS WITHOUT KNOWN COVID-19

CONTACT: You should not return to school until at least 24 hours have passed since resolution of fever without the use of medication **AND** symptoms have improved. You will need to submit proof of a negative test to your school site.

NEGATIVE RESULTS BUT WITH KNOWN COVID-19

CONTACT: Quarantine at home for 10 days before returning to school and monitor symptoms for 14 days. Follow guidelines for "Close Contact with Confirmed Case of COVID-19."

POSITIVE RESULT: Isolate at home for 10 days before returning to school. Follow guidelines for "Confirmed Case of COVID-19."



REMAIN AT HOME:

- Until at least 10 days have passed since symptoms first appeared, **AND**
- at least 24 hours have passed since resolution of fever without use of medication, **AND**
- symptoms have improved

OR

Remain at home until you receive clearance from your healthcare provider. You will need to submit a doctor's note to your school site that states COVID-19 has been ruled out and the symptoms are typical of an underlying chronic condition **OR** confirmed alternative diagnosis.

Guidance subject to change per CDPH and CCHS updates.
(Updated: 3/12/21)



Confirmed COVID-19 Case or Exposure (Students)

For students who have tested positive, or have been in close contact with someone who tested positive for COVID-19.

CONFIRMED CASE OF COVID-19

For students who have tested positive for COVID-19



DO NOT COME TO SCHOOL

ISOLATE AT HOME AND NOTIFY YOUR SCHOOL'S ATTENDANCE OFFICE



NEXT STEPS:

- Contact healthcare provider, if not yet done
- Participate in contact tracing initiated by the school and monitor symptoms

RETURN TO SCHOOL

IF no symptoms are present, you may return:

- After 10 days have passed since your COVID-19 test date, **AND**
- Symptoms are improving, **AND**
- No fever for 24 hours (without fever-reducing medication)

IF symptoms are present, you may return:

- After 10 days have passed since start of symptoms, **AND**
- Symptoms are improving, **AND**
- No fever for 24 hours (without fever-reducing medication)

CLOSE CONTACT WITH CONFIRMED CASE OF COVID-19

For students who have been in close contact (<6 feet for 15 minutes or more) with someone who tests positive for COVID-19



DO NOT COME TO SCHOOL

QUARANTINE AT HOME AND NOTIFY YOUR SCHOOL'S ATTENDANCE OFFICE



NEXT STEPS:

- Contact healthcare provider, if not yet done
- COVID-19 testing is strongly recommended, no earlier than 5 days since exposure date
- Notify school's attendance office if positive COVID-19 test
- Monitor for symptoms for 14 days

RETURN TO SCHOOL

IF no new symptoms develop during quarantine:

- Must quarantine at home for 10 days after last known close contact with positive case, even if without symptoms or negative test result

IF new symptoms develop during quarantine:

- Testing is highly recommended
- If tested positive, follow guidelines for "Confirmed Case of COVID-19"
- If tested negative, must still complete the 10 day quarantine at home